

healthmatters

Our services

DH Natural Medicine Clinic situated at Menai offers the following services;

- Herbal medicine
- Iridology
- Dietary /Nutritional advice
- Life Blood Microscopy - NEW
- Theta Command Healing - NEW
- Reiki therapy
- Non-allergic and safe personal and health care products
- Urinary indican test (indicating gut dysbiosis)
- Saliva testing of body pH
- Candida Test
- Mineral Hair Analyses
- Ear candling



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RESTORING YOUR VITALITY

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In this 6th edition of our newsletter we would like to share exciting news about NEW services provided by our Clinic!

LIVE BLOOD MICROSCOPY is now available at the Clinic!

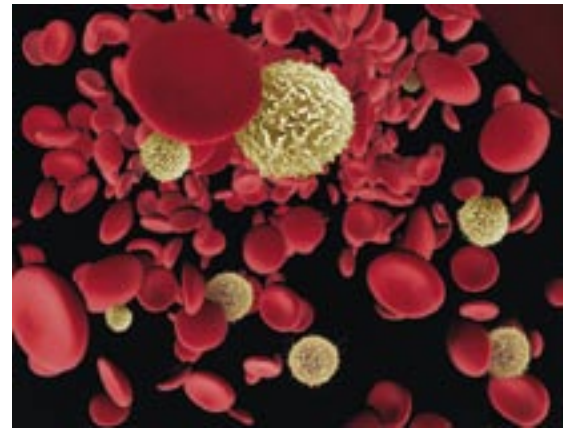
These unique services are not yet widely available in Australia. Live Blood Microscopy (LBM) is used globally by the leading naturopathic and medical clinics. Our Clinic uses ultra-dark field microscopy which is more advanced than any other LBM techniques. Our introductory offer for a naturopathic consultation and Live Blood Microscopy is only \$70 for the first 20 new patients. The normal price for those service is \$110.

Have you ever wondered why your energy levels are so low or you have aches and muscle pains? The status of your blood may be the answer. Spring is good time to clean you blood!

What is Live Blood Microscopy?

Your blood is your life-force and every cell of your body depends on nutrients and oxygen from the blood. Most people do not know what condition their blood is in because they do not have the opportunity to look at it. With LBM you can look at your own blood.

Live Blood Microscopy (LBM) is a term used for the viewing of blood under a microscope whilst being alive. It is a procedure in which a drop of blood from a finger prick, ear or heel of your foot is viewed under a microscope. This makes LBM practically painless and therefore much easier to use with children and people who have an aversion to needles.



Both practitioner and patient can view the red and white blood cells, platelets and micro-organisms present in the blood while they are still alive and moving.

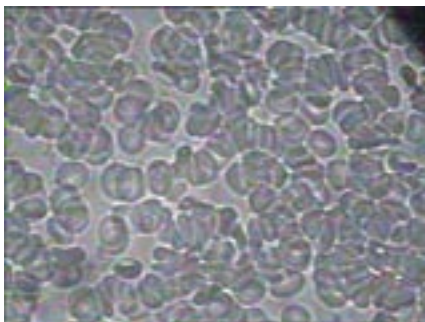
The blood is not stained or treated in any way. LBM provides specific information about your health that is not available via the usual pathology blood test. In LBM, blood stays in a good state for 40 minutes so the practitioner can analyse it.

Amongst the many benefits, it also allows assess the health and vitality of the immune system based on the type, health of cells and number of white and red blood cells. When examining blood under a microscope the inter-relationship of body systems contributing to the condition of blood and health of a patient becomes evident.

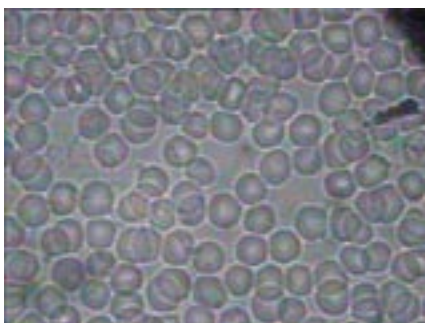
For instance the presence of crystals of uric acid in the blood may indicate high

intake of purine foods (from meat, fish and poultry), dehydration, and gout or kidney dysfunction. This is why some individuals experience stiffness of joints and pain. Just one drop of blood may contain several crystals of uric acid.

The cleanliness of the blood plasma, the liquid in which the blood cells move can also be viewed in LBM. Chemicals in our environment, inadequate nutrition and bowel health determine how clean blood plasma is. It is also well established and evident through iridology that a toxic bowel may affect all body organs via embryonic links. This also can be observed in LBM as sticky red blood cells and dirty plasma reduce an ability to deliver nutrients and oxygen and to remove metabolic waste.



Above: Sticky, rouleauxed red blood cells



Above: Strong, healthy, single red blood cells

LBM can give some indications about liver function. One of the liver functions is to detoxify blood. If the liver is not functioning properly, blood will be sticky and dirty and fibrin spicules can be seen. 'Leaky Gut' Syndrome comes hand in hand with poor liver function. If the bowel movement are not regular and inadequate, metabolic waste is being re absorbed back into in the hepatic system, thus delivering an additional toxic load to the liver. Hyperscretory vesicles can be observed in the blood if 'Leaky Gut' are present.

When the bowel is toxic or leaky, bacteria, Candida albicans and toxic material can pass through into the gut wall into the blood system.

Viewing live white blood cells is of a particular interest as they are responsible for our healthy immune system. They constantly vacuum the plasma. White blood cells can also be healthy or weak, active or inactive. LBM is an invaluable tool for assessing the number, health and level of activity of your immune cells.

LBM also allows for the improvement of blood quality and treatment protocol to be monitored. As the blood becomes cleaner and stronger, the person's vitality improves and their health becomes strong and sound.

What are the benefits of LBM?

- Detection of early manifestation of illness;
- Detection of early sign of particular vitamin and mineral deficiency;
- Detection of free radically damaged cells;
- Detection of parasitic, bacterial and fungal infections;
- Detection of inflammatory responses in the body;
- Immune system imbalances;
- Detection of uric acid;
- Detection of allergic responses;
- Vitality of your immune cells;
- Progress of the treatment can be monitored

Further information

If you would like more advice or assistance of an alternative medicine practitioner please call Danuta Hulajko from DH Natural Medicine Clinic on 9541 2428 or 0418 458 548. Bookings are essential. Health rebates are available.

Previous editions of our newsletters can be viewed on our website; www.dh-naturalmedicine.com.

ON PRESENTATION OF THIS NEWSLETTER THE FIRST 20 NEW PATIENTS WILL RECEIVE A NATUROPATHIC CONSULTATION AND A LIVE BLOOD MICROSCOPY FOR ONLY \$70.

