

health matters

Our services

DH Natural Medicine Clinic situated at Menai offers the following services;

Herbal medicine
Iridology
Dietary /Nutritional advice
Life Blood Microscopy - NEW
Theta Command Healing - NEW
Reiki therapy
Non-allergic and safe personal and health care products
Urinary indican test (indicating gut dysbiosis)
Saliva testing of body pH
Candida Test
Heavy metal toxicity test - NEW
Ear candling



Above: **Danuta Hulajko.**
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RESTORING YOUR VITALITY

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Welcome to our 7th issue where we'll cover Parasites - the hidden enemy in your body!

LIVE BLOOD MICROSCOPY allows you to see your blood and microorganisms!

Live Blood Microscopy (LBM) are unique services, not yet widely available in Australia. LBM is used worldwide by the leading naturopathic and medical clinics. Our Clinic uses ultra-darkfield microscopy which is more advanced than any other LBM techniques.

Why it is so important to get rid of parasites?

Have you ever wondered why:

- Your energy level is low
- You have muscle aches
- Have difficulty losing weight
- You feel depressed, constipated, bloated or have recurrent diarrhoea
- You are acidic thus may have arthritis, gout or other degenerative illness

The status of your blood and what's in it may be the answer. Spring and Autumn is a good time to clean your blood!

Most people do not know what condition their blood is in because they do not have the opportunity to look at it. With LBM you can look at your own blood and also see any parasites and bacteria you might have.

Parasites are a hidden enemy in your body. **If you are not worming your family and pets every 3 months you probably have parasites.**



Parasites can be inhaled, ingested with contaminated water and food, from handling raw fish, raw meat, from pets, insects and skin contact.

There are around 4000 parasites that we are aware of. Parasites can cause enormous problems in our body stealing our vitamins, minerals, releasing toxins, causing dysbiosis in your gut; they can perforate our gut, move throughout out the body into the circulatory system. No part of the body is immune to parasites. Parasites can also cause neurotransmitters disruption thus contributing toward neurological illnesses.

What are the symptoms of parasites infestation?

The range of symptoms that parasites can give us is quiet astonishing.

Infants: severe colic, persistent banging of head against crib, chronic crying, blotchy rash around the perennial area.

Children: Dark circles under eyes, hyperactivity, grinding or clenching of teeth at night, constant picking of nose/scratching bottom, eating

dirt, wetting bed, restless at night, crying for no reason, tearing out hair, brassy staccato-type cough, recurring headaches, sensitivity to light and bleeding gums, the rectum or the nose.

Adults: Bluish cast around lips, distended abdomen, dark circles under the eyes, history of allergy, intermittent constipation and/or diarrhoea, persistent acne, anorexia, skin eruptions, PMS, bad breath, itching, pale skin, chronic fatigue, food intolerance, sinus congestion, difficulty in breathing, ringing in the ears, puffy eyes, palpitations, grinding the teeth, weight loss or gain, insomnia, depression, moodiness and sugar cravings.



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How we become infected?

Parasites can be inhaled, ingested with contaminated water and food, from handling raw fish, raw meat, from pets, insects and skin contact. Specific types of parasites infest pets and cattle. For instance, heartworm can be hosted by dogs while toxoplasmosis by cats. Toxoplasmosis can also be found in meats such as lamb, pork, goat and beef.

How to prevent parasites infestation?

- Foods such as pork, prawns, crab should be avoided
- All vegetables should be thoroughly soaked in well salted water and rinsed
- Freeze meats for 3 weeks before consumption
- Avoid eating raw or rare meats
- Thorough hand washing
- Avoid water from untreated sources

How we can help you

In my clinic I see the positive results of treating parasites all the time. In fact I have patients who have more energy, lost weight, parents whose ADD child is cured, arthritis pain or headache is gone.

I am amazed at the way such a variety of symptoms can resolve after treating the body for parasites.

LBM is an exceptional diagnostic tool of parasites present in your body. It also allows us to observe the improvement of blood quality and treatment protocol can be monitored. As the blood becomes cleaner and stronger, the person's vitality improves and their health becomes strong and sound.

What are the benefits of LBM?

- Detection of early manifestation of illness;
- Detection of early signs of particular vitamin and mineral deficiency;
- Detection of free radically damaged cells;
- Detection of parasitic, bacterial and fungal infections;
- Detection of inflammatory responses in the body;
- Immune system imbalances;
- Detection of uric acid;
- Detection of allergic responses;
- Vitality of your immune cells;
- Progress of the treatment can be monitored.

Further information

If you would like more advice or assistance of an alternative medicine practitioner please call Danuta Hulajko from DH Natural Medicine Clinic on 9541 2428 or 0418 458 548, Monday to Saturday, 8am - 7pm. Bookings are essential. Health rebates are available.

Previous editions of our newsletters can be viewed on our website; www.dh-naturalmedicine.com.

ON PRESENTATION OF THIS NEWSLETTER YOU WILL BE OFFERED ONE FREE BODY ACIDITY TEST WITH A CONSULTATION ONLY.

